SERBIAN SOCIETY FOR
ENDOCRINOLOGY OF GENDER

ANNIVERSARY CONGRESS

25 YEARS

29 - 31 OCTOBER 2026



PREVENTION OF DISEASES:
THE ROLE OF
ENDOCRINOLOGY FROM
ADOLESCENCE TO
ETERNITY

SRPSKO UDRUŽENJE ZA ENDOKRINOLOGIJU POLA I
MULTIDISCIPLINARNO UDRUŽENJE ZA MENOPAUZU I INVOLUTIVNI HIPOANDROGENIZAM

Serbian Association for Gender Endocrinology and
Multidisciplinary Association for Menopause and Involutional Hypoandrogenism

MUMIA

JUBILEE CONGRESS • 25 YEARS

Prevention of Diseases – The Role of Endocrinology
from Adolescence to Eternity

PROGRAMSKA KNJIŽICA

PROGRAMME BOOKLET

29–31. oktobar 2026. godine

Hotel „Moxy“ (29.10.) · Hotel „Metropol“ (29–31.10.)

POČASNI ODBOR

Prof. dr Lončar Zlatibor, Srbija
Prof. dr Drulović Jelena, Srbija
Prof. dr Aleksandra Pavlović Marković, Srbija
Prof. dr Drezgić Milka, Srbija
Akad. Nebojša Lalić, Srbija
Prim. dr sci. med. dr Durbaba Mirjana, Srbija
Prof. dr Milena Todorović Balint, Srbija

INTERNACIONALNI ODBOR

Prof. dr Andrea Genazzani, Italija
Prof. dr Mark Brincat, Malta
Prof. dr John Stevenson, Velika Britanija
Prof. dr Panay Nicholas, Velika Britanija
Prof. dr Blazej Meczekalski, Poljska
Prof. dr Trotsenburg Mick van, Austrija
Prof. dr Al Azzawi Farook, Velika Britanija
Prof. dr Tommaso Simoncini, Italija
Prof. dr Krunić Aleksandar, SAD
Champan Ana Biljana, Velika Britanija
Prof. dr Damir Franić, Slovenija
Prof. dr Snježana Popović Pejičić, Republika Srpska, BIH
Prof. dr Lidija Injac Stevović, Crna Gora
Prof. dr Aleksandra Marković, BIH
Prof. dr Milena Brkić, Republika Srpska, BIH
Mr. sc. dr Aleksandar Đogo, Crna Gora
Doc. dr Sanja Medenica, Crna Gora

NAUČNI ODBOR

Vujović Svetlana, Srbija– Predsednica odbora

Akad. Prof. dr Nebojša Lalić, Srbija
Prof. dr Katarina Lalić, Srbija
Prof. dr Aleksandra Jotić, Srbija
Prof. dr Biljana Beleslin, Srbija
Prof.dr Vesna Srećković Dimitrijević, Srbija
Prof. dr Marina Nikolić Đurović, Srbija
Prof. dr Mirjana Doknić, Srbija
Prof. dr Sandra Pekić Đurđrvić, Srbija
Prof. dr Dragana Miljić, Srbija
Prof. dr Mirjana Šumarac Dumanović, Srbija
Prof.dr Svetlana Spremović Rađenović, Srbija
Prof. dr Vinka Vukotić, Srbija
VNS Dragana Duišin, Srbija

Prof. Dr Aleksandar Ljubić, Srbija
Prof. Dr Snežana Rakić, Srbija
Prof. dr Svetlana Janković, Srbija
Prof. Dr Snežana Polovina
Prof. dr Zoran Gluvić
Prof. dr Miomira Ivović, Srbija
Prof. dr Svetlana Dragojević Dikić, Srbija
Prof. dr Branka Nikolić, Srbija
Doc. dr Milina Tančić-Gajić, Srbija
Doc. dr Miloš Stojanović, Srbija
Doc. dr Ljiljana Marina, Srbija
Doc. dr Marko Stojanović, Srbija
Doc. dr Mirjana Stojković, Srbija
Doc. Dr Draško Gostiljac, Srbija
Asist. Dr Slađana Mihajlović
Asist. dr Marija Miletić
Asist. Dr Branko Barać
Dr Dijana Smolović
Dr Veljko Pantović

ORGANIZACIONI ODBOR

Vujović Svetlana
Ivović Miomira
Tančić Gajić Milina
Marina Ljiljana
Stojanović Miloš
Miletić Marija
Smolović Dijana
Pantović Veljko
Arizanović Zorana
Šojat Antoan Stefan
Milutinović Tijana
Antić Natalija
Pavlović Natalija
Bošković Anđela
Jovanović Milica
Bojović Taisa
Saravinovska Kristina
Vujnović Jana
Odalović Sara
Čavić Teodora
Dukić Dunja

JUBILEE CONGRESS - 25 YEARS

PREVENTION OF DISEASES – THE ROLE OF ENDOCRINOLOGY
FROM ADOLESCENCE TO ETERNITY

PROGRAMME

29.10. – OPENING DAY

Congress venue: HOTEL „MOXY“ from 8.00–16.10

8.00–15.00 Registration

8.45–9.00 Opening Congress

I SESSION • 9.00–10.45

OBESITY AND METABOLIC DISORDERS

Chairpersons: *Snježana Popović Pejičić (BH), Mirjana Šumarac Dumanović (Serbia)*

9.00–9.15	Edita Stokić (Serbia): Menopause and the weight – myth or reality
9.15–9.30	Nebojša Lalić (Serbia): Gender differences in GLP-1 receptor efficiency in obesity and diabetes mellitus
9.30–9.45	Mirjana Šumarac Dumanović (Serbia): Metabolic transition in perimenopause - role of GLP-1 agonist receptor in prevention of complications
9.45–10.00	Snežana Polovina (Serbia): Obesity treatment- complications prevention
10.00–10.15	Aleksandra Marković (BH): Women and MASD: the meeting point of hormones, metabolism and risks
10.15–10.30	Jelica Bjekić Macut (Serbia): Metformin and prediabetes – focus on the perimenopause
10.30–10.45	Marija Miletić (Serbia): Adaptation of muscle strength and power in the menopause

10.45–11.15 COFFEE BREAK

11.15–11.30	**Industry sponsored symposium NOVO NORDISK**: Katarina Lalić, Aleksandra Jotić: Semaglutid u fokusu: Od redukcije telesne mase do kvalitetnijeg i dužeg života
11.30–11.45	**Industry sponsored symposium AMICUS**: Mirjana Šumarac Dumanović

II SESSION • 11.45–13.30

DIABETES AND PREVENTION

Chairpersons: *Katarina Lalić (Serbia), Aleksandra Jotić (Serbia)*

11.45–12.00	Katarina Lalić (Serbia): Dyslipidemic characteristics – individual approach to therapy in women
12.00–12.15	Aleksandra Jotić (Serbia): Prevention of unwanted complications in pregnancies complicated by type I diabetes mellitus – Automated insulin delivery systems.

12.15–12.30 Ljiljana Lukić (Serbia): Efficient and early intervention in prediabetes-complication prevention and prolonging life span

12.30–12.45 Tatjana Miličić (Serbia): Type I diabetes mellitus and cardiovascular risks: challenges in prevention and therapy

12.45–13.00 Draško Gostiljac (Serbia): Prevention of polyneuropathy

13.00–13.15 Gordana Milić (Serbia): Modern approach to therapy of diabetic foot

13.15–13.30 Miloš Žarković (Serbia): Hormones and aging – about humans and dogs

13.30–14.00 LUNCH TIME

14.00–14.20 **Industry sponsored symposium OPTIMUS**

14.20–14.40 **Industry sponsored symposium MERCK**: Ljiljana Marina: Glucophage XR u borbi za metaboličko zdravlje žena svih životnih doba: od **PCOS** (**PMOS**) i predijabetesa do planiranja trudnoće.

III SESSION · 14.40–16.10

YOUNG DOCTORS – RISING STARS IN ENDOCRINOLOGY OF GENDER

Chairpersons: *Zorana Arizanović (Serbia), Antoan Stefan Šojat (Serbia)*

14.40–14.50 Zorana Arizanović (Serbia): Canida and Cayney – myth or reality

14.50–15.00 Antoan Stefan Šojat (Serbia): Progesterone therapy in perimenopause – from Physiology to clinical practice

15.00–15.10 Natalija Pavlović (Serbia): Gonadal steroids as a protector of immunity

15.10–15.20 Natalija Antić (Serbia): Primary amenorrhoea as the common denominator of un uncommon complexity

15.20–15.30 Anđela Bošković (Serbia): Hormone replacement therapy vs. Antiresorptive therapy in fracture prevention

15.30–15.40 Tijana Milutinović (Serbia): Is the primary goal for prevention of osteoporosis in women fulfiled?

15.40–15.50 Milica Jovanović (Serbia): The impact of hormone affirmative therapy on body composition in transgender women

15.50–16.00 Kristina Saravinovska (Serbia): Gut microbiome and estrogen - mechanisms of clinical implications

16.00–16.10 Mohammed Al Alaraj (Iraq): Non invasive methods for skin treatment in menopause

Congress venue: HOTEL „METROPOL“

Registration: 29.10. from 16.00-18.00

30.10. from 8.00-19.00. and 31.10. from 8.00-12.00

18.00–18.45 OPENING CEREMONY
18.45–20.05 PLENARY LECTURES

18.45–19.05	Andrea Ricardo Genazzani (Italy): Hormone therapy for quality of life and healthy aging: challenges and possibilities
19.05–19.25	Tommaso Simoncini (Italy): The evolution of menopause and the menopausal care
19.25–19.45	Camil Castelo-Branco (Spain): Menopause and sexual function- the perfect storm
19.45–20.05	Shantha Kumari (India): DHEERA – NO to violence against women – role of obstetrics and gynecology

WELCOME COCKTAIL

FRIDAY 30.10.2026.

I SESSION · 9.00–12.15

MUSCLES, SKIN AND OSTEOPOROSIS IN MENOPAUSE

Chairpersons: *Marc Brincat (Malta), Larisa Marchenkova (Russia)*

9.00–9.15	Marc Brincat (Malta): Musculoskeletal and connective tissue changes at the time of the menopause and their response to treatment
9.15–9.30	Blazej Meczekalski (Poland): Runners, athletes, dancers
9.30–9.45	Marwan El Ghoch (Italy): Why body composition should be measured in people with obesity in clinical practice
9.45–10.00	Aleksandar Krunić (USA): Combatting hair thinning and hair loss in perimenopause – exploring hormonal transition and setting up the guidelines for successful management
10.00–10.15	Anna Biljana Chapman (United Kingdom): Skin changes in the menopause- latest news
10.15–10.30	John Stevenson (United Kingdom): Is there a place for hormone replacement therapy in postmenopausal osteoporosis prevention?

10.30–11.00 COFFEE BREAK

11.00–11.15	Larisa Marchenkova (Rusia): Obesity and osteoporosis are a metabolic paradox or widespread comorbidity
11.15–11.45	**Industry sponsored symposium** (**MITER, IBSA**): Francesco Pegreffi (Italy): Oral dispersible films in healthy aging and nutritional supplementation: from technology to clinical practice
11.45–12.00	Marina Đurović Nikolić (Serbia): Hypercortisolism and the bone
12.00–12.15	**Industry sponsored symposium** – **AMICUS** Marko Stojanović: X-linked hypophosphatemia - Importance of recognition and modern treatment options

II SESSION · 12.15–13.30

SEXUALITY and LONGEVITY

Chairpersons: *Ivan Fistonić (Croatia), Camil Castelo Branco (Spain)*

12.15–12.30	Ivan Fistonić (Croatia): Feminine forever-sexuality forever
12.30–12.45	Aleksandar Milošević (Serbia): Sexuality over 65. years.
12.45–13.00	Srđan Popović (Serbia): Sex and diabetes: what was diabetes?
13.00–13.15	Dragana Duišin (Serbia): Prevention of psychological complications during gender affirmative therapy
13.15–13.30	Veljko Pantovic (Serbia). Effects of estro-progestagen therapy on the size of testis and prostathae in trans women

13.30–14.30 LUNCH

III SESSION · 14.30–15.30

PREMATURE OVARIAN FAILURE

Chairpersons: *Andrea Genazzani (Italy), John Stevenson (United Kingdom)*

14.30–14.45 Camil Castelo Branco (Spain): POI in Spain

14.45–15.00 Jakab Atilla (Hungary): Changing etiologies of POI and the importance of early diagnosisš

15.00–15.15 Svetlana Dragojević Dikić (Serbia): POI, stress and reproduction

15.15–15.30 Svetlana Vujović (Serbia): POI and polyglandular autoimmune syndrome

15.30–15.45 **Industry sponsored symposium** (**PHARMAIDEA**): Dragana Miljić: New way of treating insulin resistance with natural peptides

IV SESSION · 15.45–18.30

MENOPAUSE

Chairpersons: *Shantha Kumari (India), Blazej Meczekalski (Poland)*

15.45–16.00 Blazej Meczekalski (Poland): Kisspeptin and neurokinin B – potential therapeutic role in gynecological endocrinology

16.00–16.15 John Stevenson (United Kingdon): Hormone replacement therapy and coronary disease – between a rock and hard place?

16.15–16.30 Aleksandar Djogo (Montenegro):Rejuvenation of human body after 60 years of age

16.30–16.45 Tamer Erel (Turkey): Menopause and the kidney health

16.45–17.00 COFFEE BREAK

17.00–17.15 **Industry sponsored symposium**: **HEMOFARM** Mirjana Stojković: The role of Gluformin XR in prediabetes and diabetes mellitus

V SESSION · 17.15–18.30

MENOPAUSE

Chairpersons: *Damir Franić (Slovenia), Aleksandar Đogo (Montenegro)*

17.15–17.30 Sladjana Mihajlovic (Serbia): Laser therapy in menopause

17.30–17.45 Damir Franic (Slovenia): Can TECAR radiofrequency be the new possibility in the treatment of overactive bladder and urgent urinary incontinence?

17.45–18.00 Branko Barac (Serbia): Incidental fall – 3.cause of mortality in the world!

18.00–18.15 Marko Stojanovic (Serbia): Primary and secondary prevention of pathological fracture

18.15–18.30 Miljanka Vuksanovic (Serbia): Endocrine prevention of osteosarcopenia in women during life

PETAK, 30.10. – HOTEL „METROPOL“

10.30–13.20

SESTRINSKI SIMPOZIJUM · Sala „Lavander“

10.30–10.50 Pozdravna reč: Prof.dr Svetlana Vujović, Anica Šarac

Predsedavajuća: *Anica Šarac*

10.50–11.00 Anica Šarac: Interakcija glikoregulacije i hormonskih promena tokom ciklusa

11.00–11.10 Dragana Mitrović: Uticaj stresora na prevremenu insuficijenciju ovarijuma

11.10–11.20 Aleksandra Jovašević: Savremeni aspekti sestrinskog praćenja pacijenata sa arterijskom hipertenzijom

11.20–11.30 Jelena Vujović: Multidisciplinarni pristup zdravstvenoj zaštiti transrodnih osoba sa aspekta sestrinstva – iskustva iz kliničke prakse

11.30–11.40 Dragica Katić: Pokazatelji kvaliteta sestrinskog rada na tercijernom nivou zdravstvene zaštite

11.40–11.50 Danijela Đoković Isailović: Inovativna terapija u lečenju Gravesove orbitopatije – sestrinski aspekti

11.50–12.00 Slađana Mihajlović: Trudnoća kod žena sa deficitom hormona rastenja – izazovi i perspektive sestrinske nege

12.00–12.10 Mirjana Lazić: Praktični aspelkti dijabetesnog stopala – PRP -savremena metoda

12.10–12.20 Jelena Jakšić: Značaj određivanja ugljenih hidrata u optimizaciji glikoregulacje kod osoba sa dijabetesom

12.20–12.30 Tanja Erić: Od prijema do stabilizacije: uloga medicinske sestre u zbrinjavanju pacijenata sa dijabetesnom ketoacidozom

12.30–12.40 Nataša Stevanović: Test stimulacije kalcijumom u savremenoj dijagnostici endokrinoloških poremećaja

12.40–12.50 Ivana Stojanović: Suvremeni sestrinski pristup pacijentima sa novootkrivenim dijabetesom: edukacija i terapijska podrška

12.50–13.00 Anita Stojaković: Gojaznost – epidemija 21. veka – multidisciplinarni pristup očuvanju zdravlja

13.00–13.10 Dijana Janković: Analiza dijagnostike adrenalnih tumora – rezultati našeg centra

SATURDAY 31.10.2026.

I SESSION · 8.30–9.30

ADOLESCENCE

Chairpersons: *Zoran Stanković (SRB), Milena Brkić (BH)*

8.30–8.45 Zoran Stanković (Serbia): Ovary the great during the adolescent period – the role of arteficial intelligence

8.45–9.00 Mirjana Doknić (Serbia): Genetic induced hypogonadotropin hypogonadism in the late adolescence

9.00–9.15 Milena Brkić (Bosnia and Hercegovina): Polymetabolic ovary syndrome/PCOS in adolescence

9.15–9.30 Dijana Smolović (Serbia): Differential diagnosis of the bleeding in adolescence

II SESSION · 9.30–10.45

POLYMETABOLIC OVARY SYNDROME/POLYCYSTIC OVARY SYNDROME

Chairpersons: *Tamer Erel (Turkey), Attila Jakab (Hungary)*

9.30–9.50 Marc Brincat (Malta): PMOS/PCOS Diagnosis and management including role of GLP1As

9.50–10.10 Snježana Popović Pejičić (BH): Cardiorenometabolic continuum in endocrinology during life: from early dysfuncional adiposity to cardiovascular consequences

10.10–10.30 Milina Tančić Gajić (Serbia): PMOS and Hyperandrogenism in the reproductive age: diagnostic challenges and clinical dilemmas

10.30–10.45 Radmila Sparić (Serbia): LNG IUD in the prevention of endometrial carcinoma in PCOS

10.45–11.15 COFFEE BREAK

11.15–11.30 **SPECIAL LEACTURE:** Prof.Tomislav Sedmak (Serbia): Advices for long quality life from famous Serbian longliving psychiatrist

III SESSION · 11.30–13.15

ENDOMETRIOSIS AND PATHOLOGY OF ENDOMETRIUM

Chairpersons: *Maximillian Brincat (United Kingdom), Branka Nikolić (Serbia)*

11.30–11.45 Shantha Kumari (India): Managing of postpartal haemorrhage

11.45–12.00 Maximillian Brincat (United Kingdom): Endometriosis – latest news

12.00–12.15 Sanja Medenica (Montenegro): Importance for thyroid balance for endometrial receptivity

12.15–12.30 Miomira Ivović (Serbia): Diagnosis of endometriosis

12.30–12.45 Snezana Rakić (Serbia): Hormonal therapy of endometriosis – endocrine approach

12.45–13.00 Branka Nikolić (Serbia): Epidemy of endometrial polyps- diagnosis and therapy

13.00–13.15 Aleksandar Stefanović (Serbia): Hormonal therapy of endometrial carcinona

13.15–14.15 LUNCH

POSTER SESSION · Sala „Ivo Andrić A"

Chairpersons: *Sanja Medenica (Montenegro), Miomira Ivović (Serbia)*

P1 Jelena Bogdanović: Menopausal Transition and Acute Complications of Diabetes: The Interaction of Hormonal and Metabolic Risk Factors

P2 Sandra Singh Lukač: The Hidden Genetic Burden: Menopause as a Turning Point for Women with Familial Hypercholesterolemia

P3 Iva Rasulić: Menopause and Changes in Lipid Metabolism: Atherogenic Dyslipidemia in Focus

P4 Milica Stoiljković: Metabolic Heterogeneity of Gestational Diabetes: Challenges and the Importance of an Individualized Approach

P5 Nata Joksimović: Macro-TSH, Hyperprolactinemia, and Amenorrhea in a Young Patient Undergoing Peritoneal Dialysis

P6 Bojan Marković: The Impact of Tocilizumab Therapy on Quality of Life in Patients with Thyroid Eye Disease

IV SESSION · 14.15–16.00

INFERTILITY

Chairpersons: *Vesna Dimitrijević Srećkovic (Serbia), Aleksandar Ljubić (SRB)*

14.15–14.30 Ljiljana Marina (Serbia): Endocrine characteristics of fertility potential

14.30–14.45 Aleksandar Ljubić (Serbia): Pregnancies over 50's

14.45–15.00 Katarina Stefanović (Serbia): From fertility preservation to oncofertility

15.00–15.15 Vesna Dimitrijević Srećković (Serbia): Ortodox nutrition support of fertility

15.15–15.30 Radomir Aničić (Serbia): Anxiety- depression factors during infertility treatment

15.30–15.45 Dušan Simić (Serbia): Prevention of HPV infection in improving fertility rate

15.45–16.00 Sandra Pekić Đurđević (Serbia): Treatment of infertility in females with hypogonadotropic hypogonadism

16.00–16.15 COFFEE BREAK

V SESSION · 16.15–18.00

HEART, THYROID, PARATHYROID, SUPRARENAL GLANDS

Chairpersons: *Dragana Miljić (Serbia), Biljana Beleselin (Serbia)*

16.15–16.30 Miloš Stojanović (Serbia): Gender specific arrhythmias

16.30–16.45 Biljana Beleslin (Serbia): TSH suppresive therapy – recommendations and possible complications

16.45–17.00	Mirjana Stojković (Serbia) Premature osteoporosis during TSH suppressive therapy of thyroid gland carcinoma
17.00–17.15	Dragana Miljić (Serbia) Primary hyperparathyroidism in the menopause
17.15–17.30	Sanja Ognjanović (Serbia): Infective complications of Cushing's syndrome
17.30–17.45	Zoran Gluvić (Serbia): Inovative biomarkers in therapy of MASD
17.45–18.00	Jelena Milić: Timeless Beginnings: mastering and journey to a healthy pregnancy in advanced reproductive age

CLOSING CEREMONY

ZLATNI SPONZOR

MITER INTERNATIONAL

SREBRNI SPONZORI

novonordisk®

PHARMAIDEA

BRONZANI SPONZORI

Amicus a Swixx BioPharma company

BIOTEC MEDICAL DIAGNOSTICS NEW NANO-TECHNOLOGY

BIESSEN Pharma Care for health. Care for the future.

MAYMEDICA

MEDIS

OSTALI SPONZORI

MERCK

OPTIMUS

80 Galenika

EL PHARMA a PHOENIX company

RICHTER GEDEON Zdravlje je naša misija

INPHARM MI BRINEMO O VAMA

ADOC

SANDOZ

Medipharm

Borf HEALTH CARE

iCan

Hemofarm STADA GRUPA

https://www.mumia2002.org/

IBSA FilmTec®

Bez *vode*.
Bez *gutanja*.
Uvek *pri* ruci.



MITER INTERNATIONAL

IBSA
Caring Innovation