



**SERBIAN SOCIETY FOR
ENDOCRINOLOGY OF GENDER
ANNIVERSARY CONGRESS**

25 YEARS

29 – 31 OCTOBER 2026



PREVENTION OF DISEASES:
THE ROLE OF
ENDOCRINOLOGY FROM
ADOLESCENCE TO
ETERNITY

SRPSKO UDRUŽENJE ZA ENDOKRINOLOGIJU POLA I
MULTIDISCIPLINARNO UDRUŽENJE ZA MENOPAUZU I INVOLUTIVNI HIPOANDROGENIZAM

*Serbian Association for Gender Endocrinology and
Multidisciplinary Association for Menopause and Involutional Hypoandrogenism*

MUMIA

JUBILEE CONGRESS • 25 YEARS

*Prevention of Diseases – The Role of Endocrinology
from Adolescence to Eternity*

PROGRAMSKA KNJIŽICA PROGRAMME BOOKLET

29–31. oktobar 2026. godine

Hotel „Moxy“ (29.10.) · Hotel „Metropol“ (29–31.10.)

POČASNI ODBOR

Prof. dr Lončar Zlatibor, Srbija
Prof. dr Drulović Jelena, Srbija
Prof. dr Aleksandra Pavlović Marković, Srbija
Prof. dr Drezgić Milka, Srbija
Akad. Nebojša Lalić, Srbija
Prim. dr sci. med. dr Durbaba Mirjana, Srbija
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Prof. dr John Stevenson, Velika Britanija
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Mr. sc. dr Aleksandar Đogo, Crna Gora
Doc. dr Sanja Medenica, Crna Gora

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Asist. dr Marija Miletić
Asist. Dr Branko Barać
Dr Dijana Smolović
Dr Veljko Pantović

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JUBILEE CONGRESS - 25 YEARS

PREVENTION OF DISEASES – THE ROLE OF ENDOCRINOLOGY FROM ADOLESCENCE TO ETERNITY P R O G R A M M E

29.10. – OPENING DAY

Congress venue: HOTEL „MOXY“ from 8.00–16.10

8.00–15.00 Registration

8.45–9.00 Opening Congress

I SESSION • 9.00–10.45

OBESITY AND METABOLIC DISORDERS

Chairpersons: *Snježana Popović Pejičić (BH), Mirjana Šumarac Dumanović (Serbia)*

- 9.00–9.15** Edita Stokić (Serbia): Menopause and the weight – myth or reality
- 9.15–9.30** Nebojša Lalić (Serbia): Gender differences in GLP-1 receptor efficiency in obesity and diabetes mellitus
- 9.30–9.45** Mirjana Šumarac Dumanović (Serbia): Metabolic transition in perimenopause - role of GLP-1 agonist receptor in prevention of complications
- 9.45–10.00** Snežana Polovina (Serbia): Obesity treatment- complications prevention
- 10.00–10.15** Aleksandra Marković (BH): Women and MASD: the meeting point of hormones, metabolism and risks
- 10.15–10.30** Jelica Bjekić Macut (Serbia): Metformin and prediabetes – focus on the perimenopause
- 10.30–10.45** Marija Miletić (Serbia): Adaptation of muscle strength and power in the menopause

10.45–11.15 COFFEE BREAK

- 11.15–11.30** **Industry sponsored symposium NOVO NORDISK:** Katarina Lalić, Aleksandra Jotić: Semaglutid u fokusu: Od redukcije telesne mase do kvalitetnijeg i dužeg života
- 11.30–11.45** **Industry sponsored symposium AMICUS:** Mirjana Šumarac Dumanović

II SESSION • 11.45–13.30

DIABETES AND PREVENTION

Chairpersons: *Katarina Lalić (Serbia), Aleksandra Jotić (Serbia)*

- 11.45–12.00** Katarina Lalić (Serbia): Dyslipidemic characteristics – individual approach to therapy in women
- 12.00–12.15** Aleksandra Jotić (Serbia): Prevention of unwanted complications in pregnancies complicated by type I diabetes mellitus – Automated insulin delivery systems.

- 12.15–12.30** Ljiljana Lukić (Serbia): Efficient and early intervention in prediabetes-complication prevention and prolonging life span
- 12.30–12.45** Tatjana Miličić (Serbia): Type I diabetes mellitus and cardiovascular risks: challenges in prevention and therapy
- 12.45–13.00** Draško Gostiljac (Serbia): Prevention of polyneuropathy
- 13.00–13.15** Gordana Milić (Serbia): Modern approach to therapy of diabetic foot
- 13.15–13.30** Miloš Žarković (Serbia): Hormones and aging – about humans and dogs

13.30–14.00 LUNCH TIME

- 14.00–14.20** **Industry sponsored symposium OPTIMUS**
- 14.20–14.40** **Industry sponsored symposium MERCK:** Ljiljana Marina: Glucophage XR u borbi za metaboličko zdravlje žena svih životnih doba: od **PCOS (PMOS)** i predijabetesa do planiranja trudnoće.

III SESSION • 14.40–16.10

YOUNG DOCTORS – RISING STARS IN ENDOCRINOLOGY OF GENDER

Chairpersons: Zorana Arizanović (Serbia), Antoan Stefan Šojat (Serbia)

- 14.40–14.50** Zorana Arizanović (Serbia): Canida and Cayney – myth or reality
- 14.50–15.00** Antoan Stefan Šojat (Serbia): Progesterone therapy in perimenopause – from Physiology to clinical practice
- 15.00–15.10** Natalija Pavlović (Serbia): Gonadal steroids as a protector of immunity
- 15.10–15.20** Natalija Antić (Serbia): Primary amenorrhoea as the common denominator of uncommon complexity
- 15.20–15.30** Anđela Bošković (Serbia): Hormone replacement therapy vs. Antiresorptive therapy in fracture prevention
- 15.30–15.40** Tijana Milutinović (Serbia): Is the primary goal for prevention of osteoporosis in women fulfilled?
- 15.40–15.50** Milica Jovanović (Serbia): The impact of hormone affirmative therapy on body composition in transgender women
- 15.50–16.00** Kristina Saravinovska (Serbia): Gut microbiome and estrogen - mechanisms of clinical implications
- 16.00–16.10** Mohammed Al Alaraj (Iraq): Non invasive methods for skin treatment in menopause

Congress venue: HOTEL „METROPOL“

Registration: 29.10. from 16.00-18.00

30.10. from 8.00-19.00. and 31.10. from 8.00-12.00

18.00–18.45 OPENING CEREMONY

18.45–20.05 PLENARY LECTURES

- 18.45–19.05** Andrea Ricardo Genazzani (Italy): Hormone therapy for quality of life and healthy aging: challenges and possibilities
- 19.05–19.25** Tommaso Simoncini (Italy): The evolution of menopause and the menopausal care
- 19.25–19.45** Camil Castelo-Branco (Spain): Menopause and sexual function- the perfect storm
- 19.45–20.05** Shantha Kumari (India): DHEERA – NO to violence against women – role of obstetrics and gynecology

WELCOME COCKTAIL

I SESSION • 9.00–12.15

MUSCLES, SKIN AND OSTEOPOROSIS IN MENOPAUSE

Chairpersons: *Marc Brincat (Malta), Larisa Marchenkova (Russia)*

- 9.00–9.15** Marc Brincat (Malta): Musculoskeletal and connective tissue changes at the time of the menopause and their response to treatment
- 9.15–9.30** Blazej Meczekalski (Poland): Runners, athletes, dancers
- 9.30–9.45** Marwan El Ghoch (Italy): Why body composition should be measured in people with obesity in clinical practice
- 9.45–10.00** Aleksandar Krunić (USA): Combatting hair thinning and hair loss in perimenopause – exploring hormonal transition and setting up the guidelines for successful management
- 10.00–10.15** Anna Biljana Chapman (United Kingdom): Skin changes in the menopause- latest news
- 10.15–10.30** John Stevenson (United Kingdom): Is there a place for hormone replacement therapy in postmenopausal osteoporosis prevention?

10.30–11.00 COFFEE BREAK

- 11.00–11.15** Larisa Marchenkova (Russia): Obesity and osteoporosis are a metabolic paradox or widespread comorbidity
- 11.15–11.45** **Industry sponsored symposium (MITER, IBSA):** Francesco Pegreff (Italy): Oral dispersible films in healthy aging and nutritional supplementation: from technology to clinical practice
- 11.45–12.00** Marina Đurović Nikolić (Serbia): Hypercortisolism and the bone
- 12.00–12.15** **Industry sponsored symposium – AMICUS** Marko Stojanović: X-linked hypophosphatemia - Importance of recognition and modern treatment options

II SESSION • 12.15–13.30

SEXUALITY and LONGEVITY

Chairpersons: *Ivan Fističić (Croatia), Camil Castelo Branco (Spain)*

- 12.15–12.30** Ivan Fističić (Croatia): Feminine forever-sexuality forever
- 12.30–12.45** Aleksandar Milošević (Serbia): Sexuality over 65. years.
- 12.45–13.00** Srđan Popović (Serbia): Sex and diabetes: what was diabetes?
- 13.00–13.15** Dragana Duišin (Serbia): Prevention of psychological complications during gender affirmative therapy
- 13.15–13.30** Veljko Pantovic (Serbia). Effects of estro-progestagen therapy on the size of testis and prostathae in trans women

13.30–14.30 LUNCH

PREMATURE OVARIAN FAILURE

Chairpersons: *Andrea Genazzani (Italy), John Stevenson (United Kingdom)*

- 14.30–14.45** Camil Castelo Branco (Spain): POI in Spain
14.45–15.00 Jakab Atilla (Hungary): Changing etiologies of POI and the importance of early diagnosis
15.00–15.15 Svetlana Dragojević Dikić (Serbia): POI, stress and reproduction
15.15–15.30 Svetlana Vujović (Serbia): POI and polyglandular autoimmune syndrome
15.30–15.45 **Industry sponsored symposium (PHARMAIDEA):** Dragana Miljić: New way of treating insulin resistance with natural peptides

MENOPAUSE

Chairpersons: *Shantha Kumari (India), Blazej Meczekalski (Poland)*

- 15.45–16.00** Blazej Meczekalski (Poland): Kisspeptin and neurokinin B – potential therapeutic role in gynecological endocrinology
16.00–16.15 John Stevenson (United Kingdom): Hormone replacement therapy and coronary disease – between a rock and hard place?
16.15–16.30 Aleksandar Djogo (Montenegro): Rejuvenation of human body after 60 years of age
16.30–16.45 Tamer Erel (Turkey): Menopause and the kidney health

16.45–17.00 COFFEE BREAK

- 17.00–17.15** **Industry sponsored symposium: HEMOFARM** Mirjana Stojković: The role of Gluformin XR in prediabetes and diabetes mellitus

MENOPAUSE

Chairpersons: *Damir Franić (Slovenia), Aleksandar Đogo (Montenegro)*

- 17.15–17.30** Sladjana Mihajlovic (Serbia): Laser therapy in menopause
17.30–17.45 Damir Franic (Slovenia): Can TECAR radiofrequency be the new possibility in the treatment of overactive bladder and urgent urinary incontinence?
17.45–18.00 Branko Barac (Serbia): Incidental fall – 3. cause of mortality in the world!
18.00–18.15 Marko Stojanovic (Serbia): Primary and secondary prevention of pathological fracture
18.15–18.30 Miljanka Vuksanovic (Serbia): Endocrine prevention of osteosarcopenia in women during life

10.30–13.20

SESTRINSKI SIMPOZIJUM • Sala „Lavander“

10.30–10.50 Pozdravna reč: Prof.dr Svetlana Vujović, Anica Šarac

Predsedavajuća: Anica Šarac

10.50–11.00 Anica Šarac: Interakcija glikoregulacije i hormonskih promena tokom ciklusa

11.00–11.10 Dragana Mitrović: Uticaj stresora na prevremenu insuficijenciju ovarijuma

11.10–11.20 Aleksandra Jovašević: Savremeni aspekti sestrinskog praćenja pacijenata sa arterijskom hipertenzijom

11.20–11.30 Jelena Vujović: Multidisciplinarni pristup zdravstvenoj zaštiti transrodnih osoba sa aspekta sestrinstva – iskustva iz kliničke prakse

11.30–11.40 Dragica Katić: Pokazatelji kvaliteta sestrinskog rada na tercijernom nivou zdravstvene zaštite

11.40–11.50 Danijela Đoković Isailović: Inovativna terapija u lečenju Gravesove orbitopatije – sestrinski aspekti

11.50–12.00 Slađana Mihajlović: Trudnoća kod žena sa deficitom hormona rastenja – izazovi i perspektive sestrinske nege

12.00–12.10 Mirjana Lazić: Praktični aspekti dijabetesnog stopala – PRP -savremena metoda

12.10–12.20 Jelena Jakšić: Značaj određivanja ugljenih hidrata u optimizaciji glikoregulacije kod osoba sa dijabetesom

12.20–12.30 Tanja Erić: Od prijema do stabilizacije: uloga medicinske sestre u zbrinjavanju pacijenata sa dijabetesnom ketoacidozom

12.30–12.40 Nataša Stevanović: Test stimulacije kalcijumom u savremenoj dijagnostici endokrinoloških poremećaja

12.40–12.50 Ivana Stojanović: Suvremeni sestrinski pristup pacijentima sa novootkrivenim dijabetesom: edukacija i terapijska podrška

12.50–13.00 Anita Stojaković: Gojaznost – epidemija 21. veka – multidisciplinarni pristup očuvanju zdravlja

13.00–13.10 Dijana Janković: Analiza dijagnostike adrenalnih tumora – rezultati našeg centra

I SESSION • 8.30–9.30

ADOLESCENCE

Chairpersons: Zoran Stanković (SRB), Milena Brkić (BH)

- 8.30–8.45** Zoran Stanković (Serbia): Ovary the great during the adolescent period – the role of arteficial intelligence
- 8.45–9.00** Mirjana Doknić (Serbia): Genetic induced hypogonadotropin hypogonadism in the late adolescence
- 9.00–9.15** Milena Brkić (Bosnia and Hercegovina): Polymetabolic ovary syndrome/PCOS in adolescence
- 9.15–9.30** Dijana Smolović (Serbia): Differential diagnosis of the bleeding in adolescence

II SESSION • 9.30–10.45

POLYMETABOLIC OVARY SYNDROME/POLYCYSTIC OVARY SYNDROME

Chairpersons: Tamer Erel (Turkey), Attila Jakab (Hungary)

- 9.30–9.50** Marc Brincat (Malta): PMOS/PCOS Diagnosis and management including role of GLP1As
- 9.50–10.10** Snježana Popović Pejičić (BH): Cardiorenometabolic continuum in endocrinology during life: from early dysfunctional adiposity to cardiovascular consequences
- 10.10–10.30** Milina Tančić Gajić (Serbia): PMOS and Hyperandrogenism in the reproductive age: diagnostic challenges and clinical dilemmas
- 10.30–10.45** Radmila Sparić (Serbia): LNG IUD in the prevention of endometrial carcinoma in PCOS

10.45–11.15 COFFEE BREAK

- 11.15–11.30** **SPECIAL LECTURE:** Prof.Tomislav Sedmak (Serbia): Advices for long quality life from famous Serbian longliving psychiatrist

III SESSION • 11.30–13.15

ENDOMETRIOSIS AND PATHOLOGY OF ENDOMETRIUM

Chairpersons: Maximillian Brincat (United Kingdom), Branka Nikolić (Serbia)

- 11.30–11.45** Shantha Kumari (India): Managing of postpartal haemorrhage
- 11.45–12.00** Maximillian Brincat (United Kingdom): Endometriosis – latest news
- 12.00–12.15** Sanja Medenica (Montenegro): Importance for thyroid balance for endometrial receptivity
- 12.15–12.30** Miomira Ivović (Serbia): Diagnosis of endometriosis

- 12.30–12.45** Snezana Rakić (Serbia): Hormonal therapy of endometriosis – endocrine approach
- 12.45–13.00** Branka Nikolić (Serbia): Epidemy of endometrial polyps- diagnosis and therapy
- 13.00–13.15** Aleksandar Stefanović (Serbia): Hormonal therapy of endometrial carcinoma

13.15–14.15 LUNCH

POSTER SESSION • Sala „Ivo Andrić A“

Chairpersons: Sanja Medenica (Montenegro), Miomira Ivoić (Serbia)

- P1** Jelena Bogdanović: Menopausal Transition and Acute Complications of Diabetes: The Interaction of Hormonal and Metabolic Risk Factors
- P2** Sandra Singh Lukač: The Hidden Genetic Burden: Menopause as a Turning Point for Women with Familial Hypercholesterolemia
- P3** Iva Rasulić: Menopause and Changes in Lipid Metabolism: Atherogenic Dyslipidemia in Focus
- P4** Milica Stojiljković: Metabolic Heterogeneity of Gestational Diabetes: Challenges and the Importance of an Individualized Approach
- P5** Nata Joksimović: Macro-TSH, Hyperprolactinemia, and Amenorrhea in a Young Patient Undergoing Peritoneal Dialysis
- P6** Bojan Marković: The Impact of Tocilizumab Therapy on Quality of Life in Patients with Thyroid Eye Disease

IV SESSION • 14.15–16.00

INFERTILITY

Chairpersons: Vesna Dimitrijević Srećković (Serbia), Aleksandar Ljubić (SRB)

- 14.15–14.30** Ljiljana Marina (Serbia): Endocrine characteristics of fertility potential
- 14.30–14.45** Aleksandar Ljubić (Serbia): Pregnancies over 50's
- 14.45–15.00** Katarina Stefanović (Serbia): From fertility preservation to oncofertility
- 15.00–15.15** Vesna Dimitrijević Srećković (Serbia): Orthodox nutrition support of fertility
- 15.15–15.30** Radomir Aničić (Serbia): Anxiety- depression factors during infertility treatment
- 15.30–15.45** Dušan Simić (Serbia): Prevention of HPV infection in improving fertility rate
- 15.45–16.00** Sandra Pekić Đurđević (Serbia): Treatment of infertility in females with hypogonadotropic hypogonadism

16.00–16.15 COFFEE BREAK

V SESSION • 16.15–18.00

HEART, THYROID, PARATHYROID, SUPRARENAL GLANDS

Chairpersons: Dragana Miljić (Serbia), Biljana Beleselin (Serbia)

- 16.15–16.30** Miloš Stojanović (Serbia): Gender specific arrhythmias
- 16.30–16.45** Biljana Beleselin (Serbia): TSH suppressive therapy – recommendations and possible complications

- 16.45–17.00** Mirjana Stojković (Serbia) Premature osteoporosis during TSH suppressive therapy of thyroid gland carcinoma
- 17.00–17.15** Dragana Miljić (Serbia) Primary hyperparathyroidism in the menopause
- 17.15–17.30** Sanja Ognjanović (Serbia): Infective complications of Cushing's syndrome
- 17.30–17.45** Zoran Gluvić (Serbia): Inovative biomarkers in therapy of MASD
- 17.45–18.00** Jelena Milić: Timeless Beginnings: mastering and journey to a healthy pregnancy in advanced reproductive age

CLOSING CEREMONY

ZLATNI SPONZOR



SREBRNI SPONZORI



BRONZANI SPONZORI



OSTALI SPONZORI



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